

> THE HIV/AIDS PROGRAMME

Our HIV/AIDS programme helps individuals with HIV/AIDS live longer, more productive lives. Run by Aid for AIDS, South Africa's leader in HIV/AIDS management and care, the programme takes a revolutionary, integrated approach to HIV/AIDS management.

WHAT DOES THE HIV/AIDS PROGRAMME OFFER?

Our programme is designed to meet the needs of patients and equip them with the treatment and tools to lead normal, fulfilled lives. It acts as a care-coordinator between Bonitas, doctors, pathology labs, pharmacies and patients. Supported by a team of respected clinicians in their field and backed by a custom IT system that has become the gold standard in HIV/AIDS disease management, the programme enables the optimal care of patients with an end-to-end solution. Shaped over years of clinical research and expertise, our methods are considered as the industry standard by healthcare professionals globally.

WHAT DOES THE PROGRAMME COVER?

The programme offers the following services to members:

- Medicine to treat HIV (including drugs to prevent mother-to-child transmission and infection after sexual assault or needle-stick injury)
- Treatment of prevent opportunistic infections such as pneumonia, TB and flu
- Regular pathology tests to monitor disease progression and response to therapy
- Regular pathology tests to detect possible side-effects of treatment
- HIV related consultations to visit your doctor to monitor your clinical status
- Ongoing patient support via a team of trained and experienced counsellors
- Clinical guidelines and telephonic support for doctors
- Help in finding a registered counsellor for face-to-face emotional support

Over and above the payment of the necessary medicine and pathology claims, the programme provides beneficiaries with much needed support and advice on how to manage the condition. This entails both clinical and emotional support. They are routinely called by counsellors to check how they are doing, receive reminders when they are due for bloods tests and so on.

Remember, cover for HIV/AIDS is unlimited if you register on the programme and follow the managed care guidelines and protocols.

HOW DO I REGISTER WITH AID FOR AIDS?

If you are HIV-positive, you must register with Aid for AIDS as soon as possible in order to make use of this benefit.

Step 1

Know your status. If you are worried that you might be infected with HIV, ask your doctor or clinic to test you. Remember, all members are entitled to one free HIV test a year at a participating clinic or Bonitas wellness day.

Step 2

If the results show that you are HIV-positive, call **0860 100 646** and request an application form to join the HIV/AIDS programme.

Step 3

Complete the form with your doctor and fax it to **0800 600 773** or email it to **afa@afadm.co.za**.

REMEMBER

it is important to register on the programme in order to have access to all the other benefits that will assist in keeping you healthy.

WHAT HAPPENS AFTER I HAVE REGISTERED?

Our highly qualified medical team will check the details on your form. If necessary, we will review medical details and discuss the most medically appropriate and cost-effective treatment with your doctor. Once treatment has been agreed upon, you and your doctor will be sent a detailed treatment plan, which explains the approved medicine, as well as the regular tests that need to be done to ensure that the medicine is working correctly and safely.

You will need to visit your doctor for regular examinations and tests. Your doctor will contact Aid for AIDS to keep us informed about your condition. This will be outlined in your treatment plan. You will also receive reminders from us, advising you of when to visit the doctor for a check-up and when to have blood tests done.

WHAT IF MY TREATMENT PLAN CHANGES?

We work closely with your doctor to review your medicine and test results regularly. If we notice that your condition is not improving, your treatment plan may be amended. We will automatically update this to ensure you always have access to your benefits and the best possible treatment.

WILL I RECEIVE COUNSELLING AND SUPPORT SERVICES?

Our treatment support staff, give patients one-on-one attention to make sure you understand how to take your medicine and the importance of sticking to your treatment plan. We also offer a dedicated telephone line, to offer support and advice to help you live a long, healthy life. Counselling is also offered to provide emotional and psychological support. You will be routinely called by counselors to check how you are doing and will receive reminders when you are due for bloods tests and so on.

WILL MY STATUS BE KEPT CONFIDENTIAL?

Absolutely! Every effort is made to keep members' HIV status confidential. The staff members at our Aid for AIDS unit have all signed confidentiality agreements and work in a dedicated unit. They use separate telephone, fax, email and private mailbag facilities to ensure patients' details are kept confidential.

AID FOR AIDS

Call:	0860 100 646
Fax:	0800 600 773
Email:	afa@afadm.co.za
Website:	www.aidforaids.co.za
Mobi-site:	www.aidforaids.mobi
Please call me:	083 410 9078